



## Newsletter of Peamount United FC – April

### **Chairpersons Welcome**

I would like to welcome all to Peamount Utd FC. It is a huge privilege to serve as the first female Chairperson of the Club. It was a pleasure working with last year's Executive Committee, Jason our director of Football and all whom I have dealt with over the course of the year. I look forward to working closely with the new Executive Committee and Jason once again, and meeting each and every team over the course of the coming year. For a club as big as Peamount a huge amount of work goes on behind the scenes and thank you to all who make it the great club that it is.

Thank you to Bill and those on the Committee whose persistence has ensured that we have a fabulous new all weather pitch.

Our club continues to grow and now provides football for girls and boys from age 3 right up to our over 35s! A huge thank you to Jason and all the Managers and Coaches who are so dedicated and give so freely their time and put in such hard work. By all accounts are teams are doing brilliantly this season.

Peamount is firmly on the map when it comes to Girls/Ladies football in Ireland. We have a fantastic WNL team and now we have a second league of Ireland Ladies team with our U17s.

We are a very special Club with very special people and I am proud to be part of it. Wishing the trustees and you all a wonderful and safe Easter and wishing all the teams, managers, coaches and parents heading to Barcelona a wonderful and safe trip.

*Katie Thompson - Chairperson*

### **Where it all begins – The Cubs / Little Peas**

Saturday mornings 10am-11am in Peamount is now a hive of football activity with 40kids in the Cubs section (kids born 2012/2013) and the Mini Peas (age 3-5) on at the same time. The only sound you will hear at this time is laughter and cheering from the kids while their parents look on with a cup of tea from the shop in their hand suffering all types of weather. Truly this is what sport is about, kids enjoying the freedom to play without having to perform no matter what their level of skill. Kids born in 2012 are presently playing a 3v3 format which has proved highly successful in the players development in previous years at the club. They will move on to 5v5 in September. The academy has also introduced many new parents to the coaching staff who have moved on to coach the teams as they make their way through the club, a big thanks to them. If you would like to get involved, please let a member of the club now. If you would like to register your child, please apply through the application form which can be found on Peamount's Website. To see the fun that can be had have a look at the video which can be found by clicking the clink:

<https://drive.google.com/file/d/0BwKqkTBUGS1QSDIONHB1Tk1yaS1taUoyQ1VIVkxHcldXdE4w/view?usp=drivesdk>

### **Easter Camp**

The Easter Camp was a great success this year yet again with over 60 children participating from ages 5 -12. Hopefully we will see some of the new faces in green and black jerseys soon. A big thanks to all the coaches for given up their Easter holidays to help.

### **FAI Cup Winners**

Two teams set out to Victoria Park in Tullamore on the 31<sup>st</sup> of March, Emma

Donohoe's U14 girls' team and Sean Kelly's U16s, both coming back as Cup Winners, with Sean's team bringing the cup back for the second year in a row. This is not only a great success for the club but also for women's football to see so many girls playing at this age and level.



FIGURE 1. UNDER 14s FAI CUP WINNERS 2019



Figure 2. U16s FAI CUP WINNERS 2019

### **Barcelona Cup**

The club would like to wish good luck to all seven teams that are heading to Cambrils next weekend to represent Peamount in the Barcelona Cup. The following sections have teams competing: U9s, U10s, U11s and U13s. We hope that everyone enjoys the experience and would like to thank the parents and coaches who fundraised throughout the year to make this trip happen. Catch up next month to see how they all got on and we may even have some incriminating photos (of the parents that is).

### **Defibrillators and Training**

Bill has sourced three new defibrillators for the grounds of Peamount Utd which we hope will never have to be used but will be available if needed in the case of an emergency. Bill has also organised two first aid training sessions which included training on how to use the

defibrillators, over thirty people have successfully completed the course to date.

### **U15s Southside Gaynor Cup**

Congratulations and good luck to the following Peas that have been selected for the U15 MGL Southside Gaynor Cup squad in June. Masie Norton, Rebecca McMahoh, Caragh Holland, Maria Reynolds, Toni Ceno and Ella Moylan from the U16 Premier team also Rachel Kinsella & Lara Hayden from the U15 Premier team.

### **In Profile**

We are hoping to profile at least one player in each addition of our newsletter going forward. We felt it was fitting to start off by featuring Nadine Raymond following a very successful Captaincy of the U14 girls' Premier team through to their All Ireland Final which they won 2-1 against Mervue Utd.



*Name:* Nadine Raymond

*Team:* Peamount U14 Premier

*Position:* Midfielder

*Manager:* Emma Donohoe

*How did you first get into playing football?* My Dad coached a women's team in Carlow, so I got into it when I was about 4.

*When did you first start playing for Peamount?* I started playing for Peamount during the transfer window in January 2018

*What team do you support?* I like to watch the National Women's teams play in Peamount and I Like FC Barcelona

*Who is your favourite football player?* Lionel Messi

*What has been your best football moment of your life so far?* Lifting the All-Ireland Cup for the U14s

*Best achievement in football?* Winning the All-Ireland

*What is your favourite thing about Peamount?* My favourite

thing about Peamount is that we are all learning in a friendly and positive atmosphere

*What are your football goals for the future?* Work hard, keep my fitness, improve every week and hopefully play professional football and fingers crossed play for Ireland.

### **U14 2 Sunday League Winners**

Congratulations to Tony Sweeney's U14 boys' team who finally picked up their medals last week for winning the DDSL U14 2 Sunday League. This team also went the whole season unbeaten



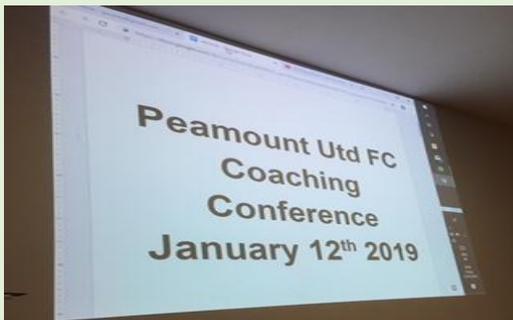
### **U11s Boys visit St. Pats**



Our U11 Boys team played at half time during the Pats v Derry match last Monday night. The kids had a great night which unfortunately could not be said for Pats. A big thanks to Ken for Organising this.

### **Coaching News**

It's been a busy couple of months on the coaching front. The club hosted its first ever coaching conference in January. Over 60 coaches attended a full day's education day which had 9 different speakers from all aspects of football in the country.



### **Coaching Education**

The club has also hosted internal coach education workshops on Fitness Testing and has some upcoming 5,7 and 11 a side workshop. All our coaches are engaged in formal coach education ranging from PDP1 to UEFA A Licence courses. We currently have 3 Coaches on the UEFA B licence Course and 1 on the UEFA A Course. The club has a dedicated coach education fund to support coaches in their development.

### **New Season Updates**

With the new season in full swing all teams are settling well into their new leagues. We have two teams that have been promoted to Premier this year U12 & U13 and we wish them all the best. The U14 Major boys have also had a great start and had a fantastic trip to St. Georges Park.

### **Hall of Fame**

Last year's U12 Boys representing DDSL and their coach Brian Walsh.



### **Internationals**

In March the U15 Ireland girls team had four members of Peamount Utds U16 Premier Team representing them they were Orla, Jessie, Maria and Rebecca.



We also had five girls playing in Belgium last week in an U16 friendly, they were Hazel, Becky, Emma and Della from the U17 WNL and Jessie from the U16 girls premier team. Brianna from the U16 team also represented Northern Ireland. Big well done to all!!

### **Soccer Sisters**

The Club Recently took part in the Aviva Soccer Sisters programme over 6 weeks with the aim of facilitation a new girls' team. We are delighted that this was a huge success and we have a brand-new girls' team to add to our girls' section.



### **Small Sided section Report**

Firstly, id like to say a huge thanks to all our SSG coaches for all their hard work and time, working with these groups on regular basis is a real joy.

Our new under 8s have hit the ground running with the Sunday Red and Saturday Green groups more than holding their own.

Our U9s structure is impressive with Saturday Red and Sunday Red group competing very well at those levels, also John's Saturday group are developing nicely.

At Under 10s, there first year of 7v7 has gone very well with the 10B and 10C Sunday & 10 E Saturday teams all showing huge signs of progress.

At U11s we have 5 teams, we would like to welcome our new Saturday A1 team who have had an impressive start. 11A Sun and 11B Sun more than holding their own at their levels and 11D and 11E showing great progress.

Our U12s Premier Saturday group have had a good start to life at that level, a great result last week versus Francis and James new Sunday group are progressing nicely. Well done lads.

***The small sided sections are thriving at the moment thanks to all the coaches. Get involved in the coach education, we have 5V5 workshops pencilled in for the 15<sup>th</sup> of May 7pm and a 7v7 workshop on the 22<sup>nd</sup> of May 7pm, put them in your diary.***

### **Executive Committee**

On the 25<sup>th</sup> of March a new Executive Committee was formed. The following is a list of the Committee Members:

**Chairperson** – Katie Thompson

**Secretary WNL Team** – Katie Thompson

**Vice Chairperson** – Paddy Brunt

**Team Wear Co-ordinator** – Paddy Brunt

**Honorary Secretary** – Elaine Harrington

**School Boys Secretary** – Elaine Harrington

**Treasurer** – Brian Muddiman

**Assistant Treasurer / Shop** – Bill McMahon

**Facilities Manager** – Denis Cummins

**Child Welfare Officer** – Colm Callan

**Insurance Co-ordinator** – Brian Duffy

**Communications Officer** – Elaine Wallace

#### **Members of Executive**

Ken Tougher

Anthony Tougher

Wes Walsh

Niall Whelan

Damien Byrne

#### ***\*Housekeeping\****

Our facilities here at Peamount are second to none and a huge thank you to Denis our Facilities Manager for making sure we have the best facilities in Ireland. We would ask that all players, coaches and parents have respect for the facilities and help to keep them at the standard they are at. There are plenty of bins around the fields so there is no excuse, please use them and remember to take your bottles, bottle lids and tape from the pitches. And if by chance you see some empty bottles or rubbish left on the pitches please pick them up and put in the bin.

#### ***New Astro Pitch***

All teams have now had a chance to train and play on the new Astro and it is a spectacular pitch for any club to have in its facilities. There is one golden rule for use of the Astro and this is that we require everyone to wear the appropriate footwear. We would also ask that coaches inform all teams that they are due to play about the appropriate footwear before they turn up. Should anyone need boots they are available to rent from Bill in the shop for a fully refundable €20. The Astro cost a significant amount of money and it is up to all players and coaches to keep it looking like it does, if it is treated correctly it should last ten years.



### **Shop**

Please remember that our shop is a major fundraiser for our club and that all proceeds go towards the running costs of the facilities. Bill is there every evening and on matchdays with his helpers so pop in, say hello and buy a coffee or snack.

### **Sponsorship**

The club would like to thank all its sponsors that sponsor gear, balls, equipment and even players. Teams are always looking for sponsorship so if you would like to sponsor a team please get in contact. The U13 Major 1 team are currently looking for a sponsor for new jerseys.

### **How to Find Us**

*Write to:* Peamount Utd, Greenogue, Co.Dublin

**Website:** [www.peamount.com](http://www.peamount.com)



Peamount Utd



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